

How can I find out that I am allergic to certain substances?

ALLERGY TESTING!

Allergy testing is the most effective way of determining whether you are allergic and the specific substances you are allergic to even at the sensitization stage.

Allergy Proofing is a team of allergy experts providing

- one of the world's most extensive
- precise
- detailed
- qualitative and quantitative analysis
- with a high degree of standardization

Knowing that you have a tendency to develop allergy is the first step towards effective treatment of allergies. So get an allergy testing done at Allergy Proofing today.



TAKE YOUR FIRST STEP
TOWARDS A HEALTHY, ALLERGY-PROOF LIFE!

Get your allergy testing appointment today to minimize your risk of developing an allergy



You might be suffering from allergy and not even know it!



Allergyproofing.com

YOUR RELIABLE ALLERGY SPECIALISTS

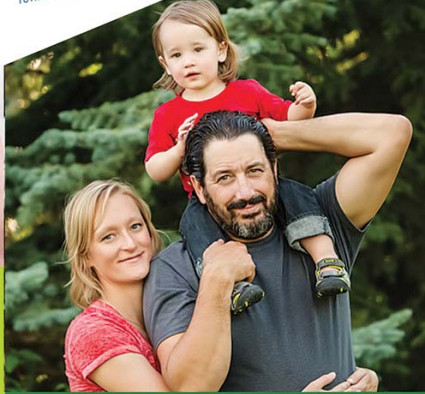
ALLERGY TESTING LAB SERVICES



Why Allergy Proofing

- Allergy Proofing's team of specialists focuses completely on allergy testing
- A well-trained team that is up-to-date on every latest development in the field of allergy
- Highly precise ELISA and CLIA tests that can identify more than multiple allergens categorized into panels such as inhalative, food, and pediatric allergens
- Cutting-edge technology and equipments that ensure an accurate, rapid, and high-quality assessment of the entire allergy profile of patients
- The ability to also determine the extent of allergy - quantitative analysis - for effective treatment options
- Home visit facilities where Allergy Proofing's lab experts will come to your home to collect samples
- A detailed online report that you can access from your mobile or desktop at the click of a button

Schedule an appointment with Allergy Proofing today. For more details - call us or log into www.allergyproofing.com



Contact Allergy Proofing Today:
HealthPro Systems Pvt. Ltd.,
#41 McNichols Road, 2nd Lane, Near Kuchalambal Marriage Hall,
Chetpet, Chennai-600 031 Phone: +91-44-4286 3555
Email: contact@allergyproofing.com | www.allergyproofing.com



Allergy - Staggering Statistics



What's an Allergy? How do I know I am allergic?

- ✗ Do you wake up every morning with a blocked nose?
- ✗ Do your eyes itch and water often?
- ✗ Do you regularly have a bout of sneezing?
- ✗ Do you have constant itchiness and redness on your skin?
- ✗ Do you have bouts of diarrhea after eating certain foods?

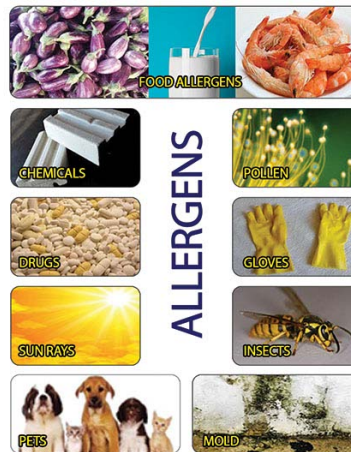
If your answer is yes to even one of these questions, then you might be suffering from mild to severe allergy. And these are just a few symptoms of allergy - there are many many more!

Allergy is an abnormal reaction of our body towards certain substances that our immune system identifies as being harmful. These substances are present all around us and are harmless to most people. However, the immune system within some of us identifies the substances as dangerous "allergens" and triggers an attack to fight the "danger".

This attack, however, causes harmful reactions to our body as well. These reactions are called allergies.

What are the possible allergens around us?

Well, anything around us can be a potential allergen - if your immune system thinks that a substance is dangerous to your body, it has the potential to cause allergy. To share a few examples:



ALLERGENS

Hence, everything under the sun - including the sun - is a potential allergen

But why do some of us have allergies, while others don't?

The actual cause of allergy is still a mystery - we still do not know why the immune system of certain individuals accidentally identifies some substances as "allergens". But there are a few theories:

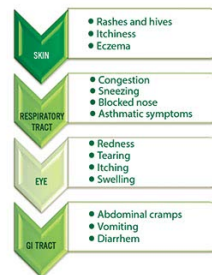
- ✗ Genetic Factors: The genetic constitution of certain people makes them susceptible to allergies
- ✗ Environmental Factors: The quality of air and environment influence allergic responses - people in crowded, urban, and polluted areas tend to develop more allergies.
- ✗ Hygiene Hypothesis: In developed countries, sanitation and cleanliness have improved greatly, so the immune system does not need to be so active. But it still has potential to defend the body; hence in the absence of the earlier targets, it finds new ones.

What are the symptoms of allergy?

Symptoms of an allergic reaction can be

- ✗ Sudden or delayed
- ✗ Mild or severe

This depends on the concentration of the allergen the body is exposed to, the type of allergen, and the mode of entry. The typical allergic responses include



But most allergic reactions do not always occur immediately. Yes, you may be allergic, yet not realize it at all!



Allergy is killing me